3 Food





UNIT OUTCOMES

- Identify common foods
- Express feelings about food
- Plan meals
- Make a shopping list
- Express preferences
- Explore supermarket careers

Look at the photo of people at a costume party going to a food truck. Answer the questions.

1. What kind of food can you buy at this food truck?
2. What drinks do you see in the photo?
3. Do you go to food trucks? Why or why not?
4. What food do you like to eat at a party?

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LESSON 1

Let's Eat!

GOAL ▶ Identify common foods

A **Look at the picture. Where are the students?**



B **Listen. Practice the conversation with a partner. Then use the words to make new conversations.**

a chicken sandwich	a ham sandwich	a tuna sandwich

Andre: The food looks good!

Silvia: Yes, it does.

Andre: What are you having?

Silvia: A turkey sandwich.

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C **IDENTIFY** Listen and point.



D Write the food words. Then listen and check your answers.

apples	butter	eggs	milk	tomatoes
bananas	cheese	lettuce	oranges	turkey
bread	chicken	mayonnaise	potatoes	water

a. milk b. _____ c. _____

d. _____ e. _____ f. _____

g. _____ h. _____ i. _____

j. _____ k. _____ l. _____

m. _____ n. _____ o. _____

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E **Read.**



on



in



over



next to



between

F **CLASSIFY** **Look at the picture in C. Write the foods.**

on the counter	*in* the refrigerator	*over* the counter
bread		

G **Look at the picture in C again. Complete the sentences with *next to* or *between*.**

1. The water is _____ the milk.
2. The turkey is _____ the bread and the cheese.
3. The mayonnaise is _____ the chicken.
4. The cheese is _____ the turkey and the tomatoes.

H **Practice the conversations. Use the picture in C to make new conversations.**

A: Where's the bread?
B: It's next to the turkey.

B: Where are the eggs?
A: They're in the refrigerator.

I **APPLY** **Make a list of foods in your refrigerator on a separate sheet of paper and share it with a partner.**

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LESSON 2

I'm Hungry!

GOAL ▸ Express feelings about food

A **Look at the picture. Where are Saul and Chen?**



B **Listen and read.**

Saul: I'm hungry.

Chen: Me too.

Saul: I want chicken and vegetables.

Chen: That sounds good!

C **Practice the conversation in B. Use the meals below to make new conversations.**



fish



a hamburger and fries



tacos



rice and vegetables

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D Read about Saul and Chen. Then read the charts.



Saul is hungry. He is not thirsty.



Chen is thirsty. He is not hungry.

The Verb *Be*				
Subject	***Be***		**Example Sentence**	**Example with Contractions**
I	am	hungry thirsty	I **am** hungry.	I**'m** hungry.
He / She	is		He **is** thirsty.	He**'s** thirsty.
We / You / They	are		We **are** hungry.	We**'re** hungry.

The Verb *Be* (Negative)					
Subject	***Be***	***Not***		**Example Sentence**	**Example with Contractions**
I	am	not	hungry thirsty	I **am not** thirsty.	I**'m not** thirsty.
He / She	is			She **is not** hungry.	She**'s not** hungry.
We / You / They	are			They **are not** thirsty.	They**'re not** thirsty.

E Write. Follow the example sentences in the charts.

1. Saul ___is___ hungry.

   He's not thirsty.

2. Roselia and Thanh _____ thirsty.

3. We _____ hungry.

4. She _____ not hungry.

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5. I _____ thirsty.

6. You _____ not hungry.

F **Read and listen.**



carrots



oranges



apples



chips



cookies



milk



water

G **Listen and write.**

1. carrots

2. _____

3. _____

4. _____

H **SURVEY** **Practice the conversation with a partner. Then ask your classmates and complete the table.**

Student A: What's your favorite snack?

Student B: My favorite snack is cookies.

Name	Favorite Snack

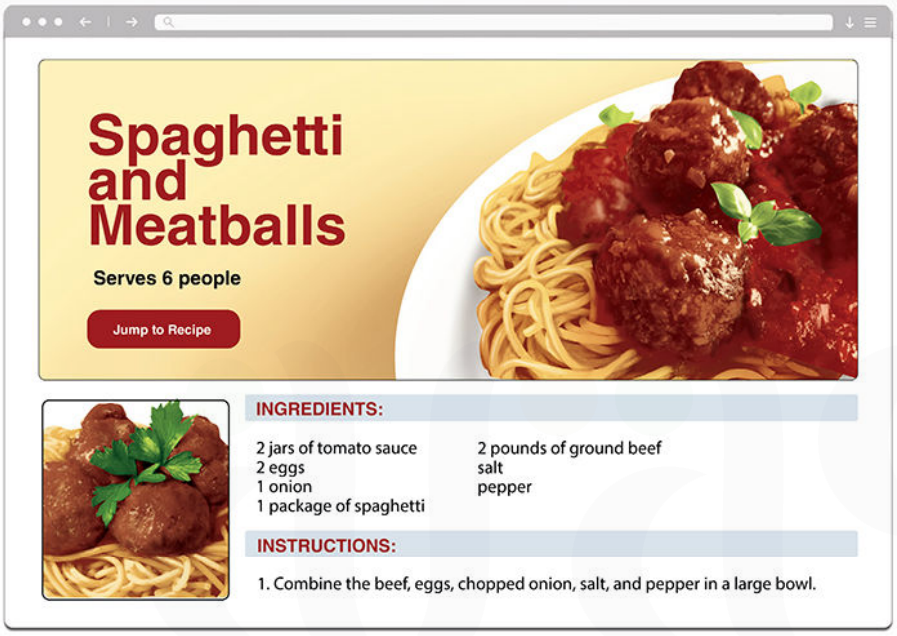
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LESSON 3

Let's Have Spaghetti!

GOAL ▶ Plan meals

A **Look at the recipe. Read the ingredients.**



Life ONLINE

"Jump to Recipe" Cooking websites often have a lot of photos, videos, and extra information about each food. Click "Jump to Recipe" to go past information you don't want to read and see the ingredients and instructions.

B **Write.**

1. How many jars of tomato sauce do you need? two jars
2. How many eggs do you need? _____
3. How many onions do you need? _____
4. How many packages of spaghetti do you need? _____
5. How many pounds of ground beef do you need? _____

C **IDENTIFY** **Listen and circle.**

1. jar	package	pound
2. jar	package	pound
3. jar	package	pound
4. jar	package	pound

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D Read the chart. Listen and repeat.

Singular and Plural Nouns	
Singular	**Plural**
 **jar**	 **jars**
 **can**	 **cans**
bag	bags
package	packages
pound	pounds
Exceptions	
potato	potatoes
tomato	tomatoes
sandwich	sandwiches

E Practice the conversation with a partner. Complete the table. Then make new conversations.

Student A: What do we need?

Student B: We need apples.

Plural -s

/s/	/z/	/ɪz/
chips	jars	packages
carrots	cans	oranges

Fruit		Vegetables	
apple	/z/ *apples*	carrot	/s/
orange	/ɪz/	tomato	/z/
banana	/z/	potato	/z/
pear	/z/	pepper	/z/

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F **Write the food words and the quantities.**



a. four cookies



b. _____



c. _____



d. _____



e. _____



f. _____



g. _____



h. _____

G **Practice the conversation. Use the pictures to make new conversations.**

Student A: What are the ingredients?

Student B: Two eggs and one onion.

1. 

2. 

3. 

4. 

H **PLAN** **Work in a group. Think of more fruits to make a fruit salad.**

Fruit Salad		
Ingredients *Serves 6 people*	1 banana	___ _____
	2 apples	___ _____
	___ pear	___ _____
	___ orange	___ _____

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LESSON 4

What's for Dinner?

GOAL ▶ Make a shopping list

A Listen and point.



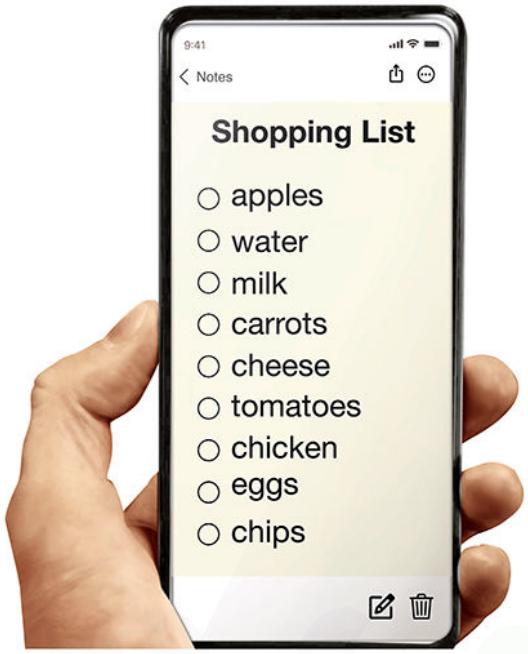
B **CLASSIFY** Write the words in the correct shopping lists.

Meat and Fish	Vegetables	Fruit	Dairy
1. beef	1.	1.	1.
2.	2.	2.	2.
3.	3.	3.	
4.	4.	4.	
	5.	5.	

C Complete the shopping lists with your own ideas.

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D **Read Amadeo's shopping list.**



Life
ONLINE

Digital Shopping List Use a phone app to make your shopping list so you can save it for next time or send it to your family or roommate.

E **IDENTIFY** **What does Amadeo want? Circle the items.**

1. apples
2. broccoli
3. cheese
4. eggs
5. oranges
6. potatoes

F **What does Yoshi want? Listen and check (✓) the items.**

- ☐ apples
- ☐ broccoli
- ☐ carrots
- ☐ cheese
- ☐ chicken
- ☐ chips
- ☐ eggs
- ☐ fish
- ☐ milk
- ☑ oranges
- ☐ potatoes
- ☐ strawberries
- ☐ tomatoes
- ☐ water
- ☐ yogurt

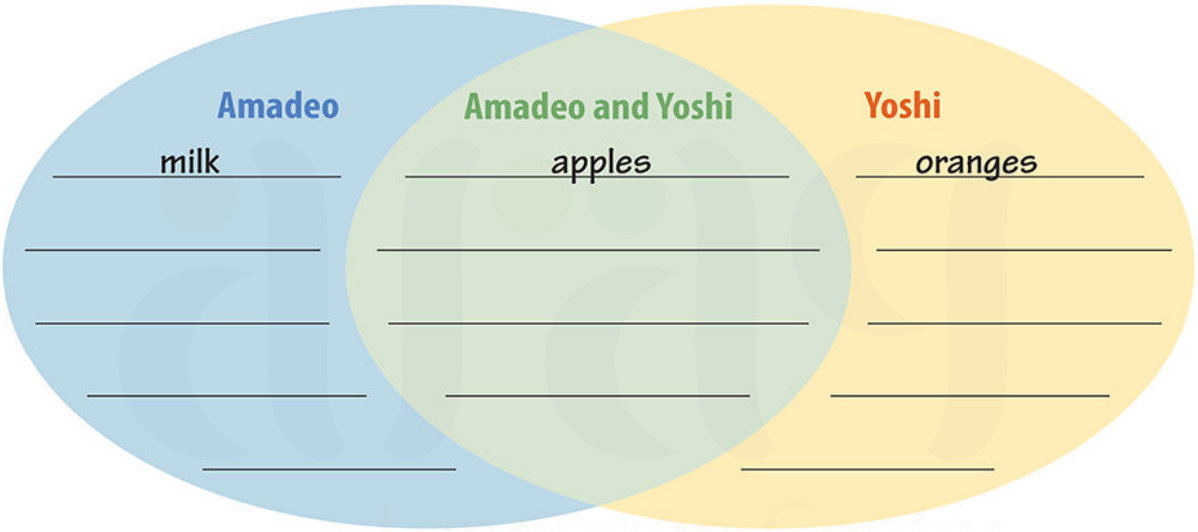


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G Read.

Simple Present		
Subject	**Verb**	**Example Sentence**
I / You / We / They	want	I **want** apples.
		They **want** apples.
She / He	wants	She **wants** apples.
		He **wants** apples.

H **COMPARE** Look at Amadeo's and Yoshi's shopping lists in **D** and **F**. Complete the diagram.



I Make a shopping list for yourself. Then ask a partner and write their shopping list.

Your Shopping List	Your Partner's Shopping List

J Share your partner's information in a group.

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LESSON 5

What Do You Like?

GOAL ▶ Express preferences

A Circle the desserts you like to eat. Listen and repeat.



cake



candy



chocolate



cookies



ice cream



pie

B Listen and point to the desserts in **A**.

C **RANK** Number the desserts in **A** (1–6). Number 1 is your favorite.

____ cake

____ candy

____ chocolate

____ cookies

____ ice cream

____ pie

D Listen. Write the foods Maria likes.

1. Maria likes _____.
2. She also likes _____.
3. She likes _____ too.

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E Read the chart.

Simple Present		
Subject	**Verb**	**Example Sentence**
I / You We / They	like	I **like** ice cream.
	eat	We **eat** ice cream.
	want	They **want** ice cream.
He / She	likes	She **likes** chocolate.
	eats	He **eats** chocolate.
	wants	She **wants** chocolate.

F Write the simple present form of the verbs.

1. I want (want) apple pie.
2. Maria _____ (like) ice cream.
3. You _____ (eat) pie.
4. They _____ (eat) cookies.
5. Chen _____ (want) fruit.
6. Saul _____ (like) candy.
7. We _____ (want) cake.
8. I _____ (like) _____.

G IDENTIFY Write about the photos.







1. She wants cookies.
2. _____
3. _____

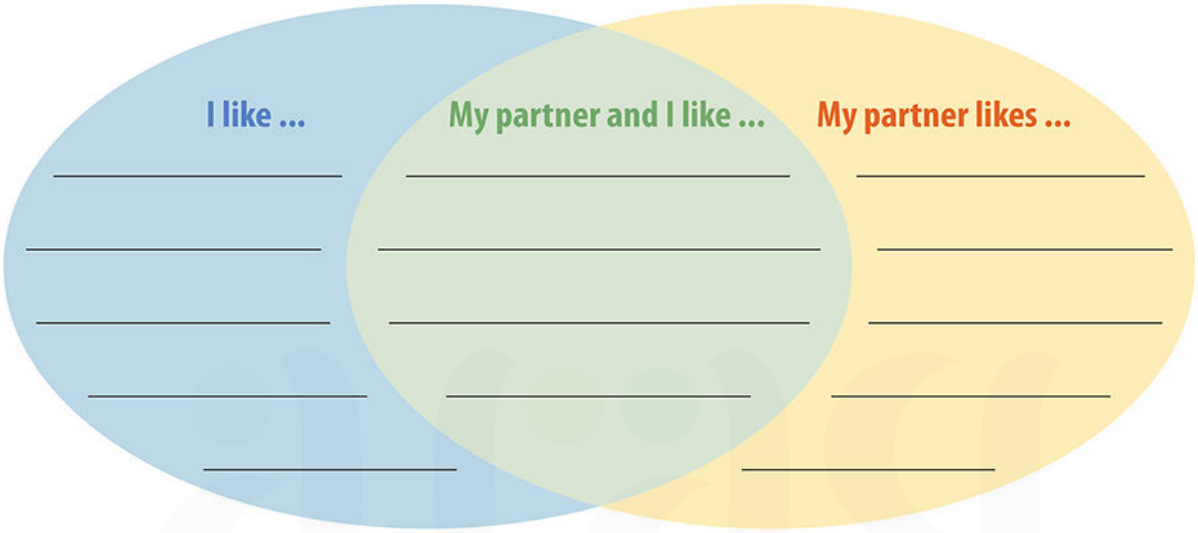
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H **Practice the conversations with a partner. Then use the words in A to make new conversations.**

Student A: Do you like ice cream for dessert?
Student B: No, I like pie.

Student B: Do you like cookies for dessert?
Student A: Yes, I like cookies a lot!

I **COMPARE** **What desserts do you and your partner like? Complete the diagram.**



J **Tell your classmates about your partner's favorite desserts.**


Cupcakes are a popular dessert.

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LESSON 6

Explore the Workforce

GOAL ▶ Explore supermarket careers

A **INTERPRET** Read the graph.



Source: US Bureau of Labor Statistics

B **Practice the conversation with a partner. Then make new conversations with information from A.**

Student A: How much do cashiers make?

Student B: They make thirteen dollars and sixty-seven cents an hour.

Simple Present

I **make** $13.67 an hour.
She **makes** $14.76 an hour.
They **make** $17.41 an hour.

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C Read the job posting.

Groceries Plus
Supermarket

2900 W. Broadway Ave.
Chicago, IL 60127

Apply now

Stock Clerk Needed
Come work with us!

Pay: $15.25 / hour
Schedule: Full-time (40 hours a week)
Experience: No experience necessary

Job Duties:

1. Stock shelves neatly.
2. Clean floors and shelves.
3. Do cashier work if necessary.
4. Learn about products in store.
5. Help customers find products.

D Answer the questions.

1. What is the pay? _____
2. Where is the store? _____
3. What is the schedule? _____

E Match the photos to the job duties.

_____ 1. Stock shelves.

_____ 2. Clean floors.

_____ 3. Do cashier work.

_____ 4. Learn about products.

_____ 5. Help customers.

a. 

b. 

c. 

d. 

e. 

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F **REFLECT** **Answer the questions about you for a job in a supermarket.**

1. Do you like to help people?

   a. yes b. no c. maybe

2. Can you stand up all day?

   a. yes b. no c. maybe

3. Are you a hard worker?

   a. yes b. no c. maybe

4. Can you learn about products in a store?

   a. yes b. no c. maybe

G **Practice the job interview with a partner. Then interview four more students.**

Student A: Thanks for coming in.

Student B: I'm happy to be here.

Student A: What job are you interested in?

Student B: The butcher position.

Student A: Do you like to help people?

Student B: Yes, I do.

Name	Do you like to help people?	Can you stand up all day?	Are you a hard worker?

H **Work in a group. Ask: *What do you think of supermarket jobs?* Use the ideas in the box to help you.**

I like supermarket jobs.	I'm not interested in them.	I need to make more money.
I like working with people.	I'm not sure. I need to learn more.	They're good because I don't need experience.

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Review

A **Write the food words.**

1. 

2. 

3. 

4. 

5. 

6. 

B **Write the plural forms of the food words.**

Singular	Plural
1. apple	
2. orange	
3. pear	
4. banana	
5. cookie	
6. egg	
7. chip	
8. potato	
9. tomato	
10. carrot	

Learner Log

I can identify common foods.

☐ Yes ☐ No ☐ Maybe

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C **Write *am, is,* or *are.***

1. Maria _____ thirsty.
2. Kim and David _____ not hungry.
3. Lan and Mai _____ hungry.
4. Rafael _____ not thirsty.
5. Colby _____ hungry.
6. Marco and Eva _____ thirsty.
7. Lara _____ not hungry.
8. I _____ thirsty.

D **Write negative sentences.**

1. Eric is hungry. He's not thirsty.
2. Maria is thirsty. _____
3. Saul and Chen are hungry. _____
4. I am thirsty. _____

E **Write the simple present form of the verbs.**

1. Chrissy _____ (like) hamburgers.
2. You _____ (eat) tacos.
3. Laura _____ (want) vegetables.
4. Rosie and Amadeo _____ (like) rice.
5. We _____ (eat) fish and chicken.
6. They _____ (want) pie.
7. Karl _____ (like) oranges.
8. I _____.

Learner Log

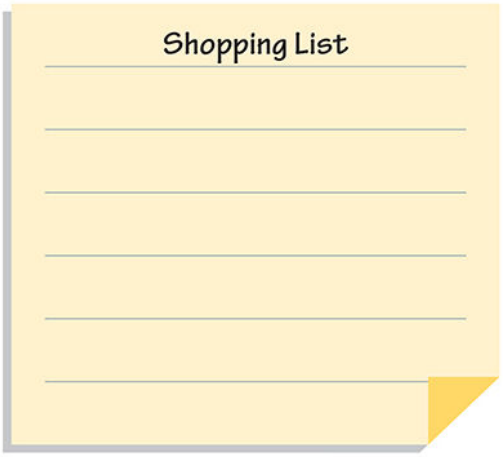
I can express feelings about food.
☐ Yes ☐ No ☐ Maybe

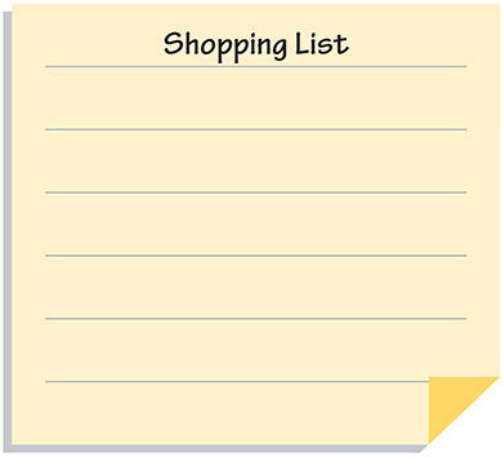
I can express preferences.
☐ Yes ☐ No ☐ Maybe

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Review

F Talk to two classmates. Ask: *What do you want?* Make lists.





G Read the lists in **F**. Write.

Singular Foods	Plural Foods

H Work in a group. What meal can you plan with the foods in **G**?

Learner Log

I can make a shopping list. ☐ Yes ☐ No ☐ Maybe

I can plan meals. ☐ Yes ☐ No ☐ Maybe

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Make a Shopping List

SOFT SKILL ▶ Collaboration

1. Form a team of four or five students. Choose a position for each member of your team.

Position	Job Description	Student Name
Student 1: **Team Leader**	Check that everyone speaks English. Check that everyone participates.	
Student 2: **Writer**	With help from the team, write two meal plans and a shopping list.	
Student 3: **Artist**	Draw pictures for the shopping list with help from the team.	
Students 4 / 5: **Organizers**	Prepare a presentation.	

2. Imagine that your team is a family. What is your last name?
3. Plan two meals that your family can eat this week with food from this unit.
4. Make a shopping list to buy the ingredients for the two meals.
5. Draw pictures of the food on your list.
6. Present your meal plans and shopping list to the class.

COLLABORATION:
Participation

Help everyone participate by asking for suggestions from every member of the team. Say things like:

What do you think?
Do you have another idea?
Do you agree?

Be sure to listen to their answers.



Shopping lists are different around the world.

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Reading Challenge

A **Work in a group. Make a list of favorite meals from your home country.**

_____ _____

_____ _____

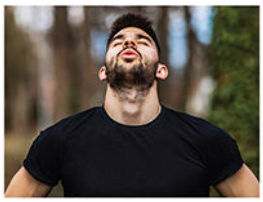
_____ _____

B **Match the photos to the words.**

a. 

b. 

c. 

d. 

_____ 1. breathe _____ 2. cold or flu _____ 3. comfort _____ 4. delicious

C **PREDICT** **Read the title of the text and discuss. What do you think *Food for the Soul* means?**

D **Read the text.**

E **Read the statements. Choose *True* or *False*.**

1. People only eat chicken soup in the United States.	**True**	**False**
2. Doctors say chicken soup is healthy.	**True**	**False**
3. Chicken soup ingredients are bad for you.	**True**	**False**
4. *Food for the soul* and *comfort food* are very different.	**True**	**False**

F **Read a shopping list for chicken soup ingredients. Search online for photos of the ingredients.**

☐ chicken	☐ broccoli	☐ pasta	☐ parsley
☐ carrots	☐ celery	☐ salt	☐ bay leaves
☐ onions	☐ rice	☐ pepper	☐ garlic

G **Work in a group. Discuss: *What is your comfort food?***

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Food for the Soul

1 Why do parents around the world give their children chicken soup when they have a cold or the flu? It is warm and delicious, but is it good for you? Doctors say yes. The warm soup can help you breathe better, and the ingredients are healthy too. Chicken soup is good for your body, but many people think it is also good for your soul. In fact, 5 chicken soup is often called *comfort food*. Do you feel sad or tired and need something to help you feel better? Chicken soup is the answer. Or maybe, for you, there is another food. What is your comfort food?

There are many types of chicken soup from around the world. This one from Scotland has chicken, leeks, carrots, and prunes.



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